



# Domestic Abuse

## Introduction

Domestic abuse is a serious and widespread problem which affects nearly 10% of women and 5% of men every year.

In this course you will learn who is at risk and how the law can help. You will also learn about domestic abuse from the perspective of both the victim and the perpetrator.



## Audience

This course is intended for victims and perpetrators of domestic abuse and anyone who needs to learn about domestic abuse as part of the job role.

## Objectives

This course will enable you to:

- Know what domestic abuse or violence is
- Understand the nature of domestic abuse
- Know who is affected
- Learn how the law can help victims of abuse
- Know what the police can do
- Learn about the range of situations victims might experience
- Understand the effect the abuse can have
- Learn how victims think about their abuse and the abuser
- Know the effect it can have on the children living in abusive households
- Understand why victims sometimes don't leave
- Know what victims need to feel so they can leave abusive relationships
- Learn how you should deal with victims of domestic abuse
- Know the risk assessment tools available to help you make decisions about managing risk and increasing safety
- Learn about the Multi-Agency Risk Assessment Conference
- Learn about the role of the Independent Domestic Violence Advisor
- Learn about what abuser's think
- Learn how the abuser sees the world
- What who is responsible for abuse
- Know what treatment is available to abusers
- Learn how abuse can be prevented

## Modules

This course contains the following modules:

### Module name

Domestic Abuse: The Problem and the Law  
Domestic Abuse: The Perpetrator  
Domestic Abuse: The Victim

## Content

Here are a few topics covered in this course:

Do we have a problem? | What is domestic violence / abuse? | Examples of abuse | Who does it affect? | What's your attitude? | Risk factors | Unreported cases | A private matter? | Is it a crime? | The law: civil and criminal | Charlotte's story: civil law | Criminal law | The police | Restraining Order | Domestic Violence, Crime and Victims Act 2004 | Injunctions | Has domestic abuse occurred? | Meet the victims | Do women choose violent men? | The effect on victims | It's not abuse | It was probably my fault | It doesn't happen often | I can't leave | The children of domestic abuse | The effect on a child | Why children won't tell | What can you do? | Risk Assessments: DV-RAM and CAADA-DASH | Very high risk of domestic abuse | Independent Domestic Violence Advisor (IDVA) | What victims need to leave | Do's and Don'ts | Who can help? | Intergenerational theory | Relying on theory | Meeting the perpetrator | What's your viewpoint? | I didn't hit her hard | Wants, needs and interests | Who is responsible? | I lost control | I can't control my behaviour | Understanding his world | Other contributing factors | The premorbid personality | Rejection and inadequacy | Treatment | Perpetrator programmes | Preventing abuse

